

# IS YOUR CHILD A PICKY EATER?

BUILDING CAREGIVERS' UNDERSTANDING OF FACTORS THAT CONTRIBUTE TO CHILDREN'S PICKY EATING BEHAVIORS AND EXPLORING WAYS TO CREATE HAPPY AND HEALTHY MEALTIMES.



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## **FREE Virtual Parent Education Presentation**

**Wednesday, April 27, 2022**

**7 - 8:00 PM**

**Presented by: Samantha Lavallee, OTR/L**

Why are some kids so fussy about foods? How can we help kids develop a healthy relationship with what they are eating, and avoid daily dinnertime stresses? Join Samantha Lavallee for a discussion that will help caregivers understand the power struggle that may underlie the behaviors, how mealtime structure can impact picky eating, ways to change fear into curiosity and bring joy back to mealtimes, and strategies to build comfort with new foods.

Samantha Lavallee is a pediatric occupational therapist and feeding therapist. Samantha has been working as an occupational therapist since June 2017, beginning her work with the birth to 3 year old population, and expanding to the 3 to 12 year old population. After earning a MS in occupational therapy from Boston University, she joined the team at Minute Man Arc Early Intervention in Concord, MA. Samantha has continued to participate in extensive pediatric feeding training, and in March 2019, her experience brought her to also work for Extra Steps Pediatric Therapies in Acton, MA, where she specializes in working with children with feeding difficulties.

*Please complete the registration form: [Event Registration](#)*

*A presentation link will be sent via email before the event.*

*If you have any questions please feel free to contact Liz Garreffo, Early Childhood Coordinator, at [egarreffo@nrsd.net](mailto:egarreffo@nrsd.net) or Liz Dumas at [edumas@nrsd.net](mailto:edumas@nrsd.net).*

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**Presentation Provided by:**

**Nashoba Community Partnership for Children**



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